

GOING BACK TO OUR BODY'S BEGINNING

Psalm 139:13–16

Few subjects are more fascinating than the human body. All those whose careers are focused on an understanding of our anatomy, those who are engaged in the treatment of our physical needs, and those who assist in the care of our health, playing important roles in our wellness and fitness, are quick to point this out. Though they may not use these biblical words, they would agree that we are “fearfully and wonderfully made” (Psalm 139:14). Not only is the human body a fascinating study, generally speaking, it is of vital significance, spiritually. We are commanded to keep our body pure, free from immorality, since it is “the temple of the Holy Spirit” (1 Cor. 6:13–19). In addition to all this, our bodies, being “members of Christ,” are the vehicle through which we are to “glorify God” (1 Cor. 6:15, 20). Nevertheless, in many Christian circles the significance of our physical bodies is discounted or ignored entirely. Today, we want to correct that kind of thinking . . . and there is no better place to begin than returning to where each of us began: the womb.

I. A Few Practical Observations

Introduction

II. A Study in Contrast: Adam and Eve . . . You and Me

Exposition

- The Creation of Their Bodies (Genesis 1:26–27)

- The Conception of Our Bodies (Psalm 139:13–16)

III. Several Initial Conclusions

Application