

## What to Bring on the Retreat

- ⊗ **Bible**
- ⊗ **Notebook and Pen or Pencil**
- ⊗ **Casual clothing for two days:** You may want to bring a couple of extra changes just in case you get wet or dirty during recreation.
- ⊗ **Sunscreen:** We will be outside all day.
- ⊗ **Water Bottle**
- ⊗ **Swimsuit:** For possible showers in a community shower facility.
- ⊗ **Sleeping Bag and Pillow**
- ⊗ **Backpacker's Sleeping Pad:** We will be sleeping on the floor at the church; please do not bring a big inflatable mattress because there will probably not be enough room to accommodate something that big.
- ⊗ **Travel games or a book.**
- ⊗ **PJ's**
- ⊗ **Towels and washcloths**
- ⊗ **Personal hygiene items**
- ⊗ **Spending Money:**
  1. Enough for five meals and a few snack stops. There are probably concessions at the Special Olympics that you might be able to access on a break, as well.
  2. **WARNING:** You are responsible for keeping track of, and for the wise use of, the money that you bring on the retreat.
- ⊗ **It is wise to write your name on your belongings**
- ⊗ **A fantastic attitude**

## What NOT to Bring on the Retreat

- ⊗ **\*Spaghetti strap tops or tank tops:** All clothing **MUST** cover your belly button, and both guys and gals are asked to wear t-shirts with sleeves.
- ⊗ **\*"Short" shorts**
- ⊗ **\*One-piece swimsuits are required:** Ladies, no two-piece swimsuits, please.
- ⊗ **\*Speedo-style swimsuits:** Guys, bring modest swimsuits, please.
- ⊗ **\*No inappropriate slogans, graphics, or subject matter may be worn on clothing:** This includes innuendo, alcohol advertisements, and music groups associated with inappropriate subject matter in their music.
- ⊗ **Radios, tape players, walkmans, and video games:** These items are not allowed on the retreat.
- ⊗ **Tobacco, drugs, alcohol, or weapons:** This includes weapon look-alikes, such as water guns.
- ⊗ **Fireworks**
- ⊗ **Water balloons**
- ⊗ **Laser pointers**

\*Attire appropriateness is subject to the judgment of the Junior High Ministries Staff. Students will be asked to change attire if it is determined that clothing is not appropriate according to the staff's judgment. Please be conservative and wise in your judgment as you pack for camp. Thank you!